



# **Survival Summit Essential Gear List**

**October 2022 Edition**

## **Thoughts:**

Every person has basic survival needs, and everyone has different skill sets. No matter what gear you choose to carry, be sure you're learning how to use it in the field and training as often as possible. Many things that work for some may not work for you based on your skill or comfort levels.

Learning and practicing skillsets should always be a top priority. Getting to know your gear to be an extension of yourself is vital. There is nothing worse than getting into a bad situation and only realizing your equipment is trash.

The more skill you have, the less gear you may need. The more in shape you are, the more gear you can carry, and visa-versa. Do not get trapped in some prepper debates about why this or that is wrong or that there is only one way. Only by testing your gear and yourself in the field will you honestly know what works best for you.

This list is a baseline to meet your needs in various situations you may run into. We recommend carrying a baseline pack that you can quickly get to with most of this gear wherever you go—looking for instructional videos to learn new skills that you can then practice in the field? Look no further: [Survival Summit training Courses](#) have you covered.

## **Backpacks:**

[5.11 Rush 72](#)

[5.11 Covrt 18 2.0](#)

[Urban Assault Pack 28L](#)

[Camelbak Water Bladder for your Backpack](#)

## **Fire**

Supplemental Fire Kits – [FIRE BOSS KIT](#)

[BIC Lighter](#)

[Fresnel Lens](#)

[Kraftig 5” or 8” Ferro Rod](#)

[Exotac Beeswax Candles](#)

[Fatwood \(or other ready to go tinder\)](#)

[Mini Inferno](#)

[TSS Fire Tabs](#)

## **Shelter**

Supplemental Shelter Kit – [Shelter BOSS Kit](#)

[MIL-TEC Poncho](#) (2 can make a shelter)

100% Virgin Wool Blanket(s)

[All Season Blanket and Tarp](#)

[Snugpak Stasha G2 Shelter](#)

[Snugpak SF Bivvi](#)

[MIL-TEC Hollowfiber Mummy Sleeping Bag](#)

[Poncho Liner, A.K.A. The “Woobie”](#)

[Paracord 100’](#)

[#36 Bank Line](#)

## **Water**

Supplemental Water Kit – [Water BOSS Kit](#)

[Pathfinder Single Wall Stainless Steel Bottle & Cup Set](#)

[Grayl GeoPress](#), and/or [Saywer Micro Squeeze](#)

[Cotton Shemagh](#)

[Camelbak Water Bladder](#) for your backpack

## **Food**

Supplemental Fishing/Hunting Kit – [Fishing & Hunting BOSS Kit](#)

[Pathfinder Bush Pot](#) or the [Uberleben Kessel Pot](#)

Emergency Rations (Brands: Datrex, SOS)

**Making Pemmican** ([YouTube Video](#))

**Foraging books:** <https://theforagersguidetowildfoods.com/>

## **First Aid**

**Quality IFAK** (first aid kit and trauma, include Moleskin for blisters)

**Extra CAT Tourniquet**

**Trauma Shears** (if they don't come in your kit)

**Mylar Emergency Blanket**

**Supplemental First Aid Kit:** **First Aid Mini BOSS Kit**

## **Navigation**

**Supplemental Navigation Kit – Navigation BOSS Kit**

**Suunto Global Compass 1:25 scale**

**Pace Beads**

**Local Topographical Maps [mytopo.com](http://mytopo.com) 1:25 scale**

**Waterproof Notebook and Pencil**

**Garmin GPSMAP 64ST** (rechargeable Lithium Battery is separate but well worth it). Garmin makes many great handheld GPS units.

You should learn land navigation 100%, but the chance you'll always have a 1:25 or 1:24 scaled topo map specific to where you might be at the time of a crisis is almost zero. Those are for pre-planned routes and set locations, and if you're not always at home, you'll need an alternate plan. There is nothing wrong with an actual GPS. Today's technology is insanely lightweight and easy to recharge with mini solar panels. But again, you still need to learn Land Navigation! Just don't let yourself be boxed into one way of thinking. Most experts have decades of experience and don't need to rely on as much gear as most people.

## **Signaling items**

**Supplemental Signaling Kit – Signaling BOSS Kit**

**Princeton Tec Vizz Tactical Headlamp**

**Nitecore EK4 EDC Flashlight**

**Rechargeable batteries** (recharge via mini [Solar Charger 25000 MAH](#))

[Signal Mirror and Whistle](#)

[Chemlights, Smoke Cartridge](#)

[Orange ribbons, reflective patches, reflective tacks, etc.](#)

**Inmarsat Isatphone2 Satellite Phone** (free phone with specific plans) Today's monthly pricing for around 60-100 minutes a month is comparable to cell phone plans. Why not have an emergency device when you have zero cell phone signal? You can even sign up for search and rescue insurance for only \$30/month. Most people go for Iridium Sat. phones, but it's much more expensive and likely unnecessary for most people.

## **Tools**

**Small Solar Charger 25000 MAH** (recharges GPS, Flashlight, Cell phone, Sat. phone)

[Mora Carbon Garberg](#)

[Silky Saw](#) (Gomboy, Pocketboy, NEW Outback Editions)

**Gear Repair Kit with a sewing needle**

[Hults Bruk Hatchet](#)

[Escape and Evasion Tools](#) (spread around on your person)

## **Supplemental items**

Wool Socks (a couple of pairs) and an extra t-shirt Hygiene Kit

[Insect repellent](#)

Any required medication

Weather appropriate clothing and gear

## **Winter and other supplemental gear**

You're not going to fit all of your gear in one pack depending on the time of year and supplemental gear you may need. Some people pull sleds on foot or traveling in a vehicle and have different supplemental kits in other packs.

## **Fitness (often overlooked)**

Whether you pack super light or heavy, your fitness level matters. If you can't walk a few miles without a pack, imagine how you'll do with a pack on. There are many fitness programs out there to help get you in shape.

Try to walk and/or hike as often as possible, first without gear, and then eventually start to add more weight. You can do basic exercises such as air squats in your home to build up your leg strength as well.